

FREMONT FOOD PANTRY

The Fremont Food Pantry continues to gear up for the Fall/Winter season. We have had the great opportunity to participate with the Shaw's Supermarket fundraising program. This program allows us to collect Shaw's grocery receipts and receive a small percentage of total dollars spent. This is a great and easy fundraiser, so save your receipts! A drop off location is available at the Fremont Town Hall and will be available at the Ellis School. Thanks to all of you that have been saving the receipts for us and keep them coming!

As we plan for the upcoming months, here are some items that we are always in need of:

Frozen vegetables	Bread
Frozen meats / frozen complete meals	Mayonaise
Shampoo / Conditioner	Juice
Paper Towels	Snacks
Gift cards to Hannaford, Wal-Mart, or the Dollar Store	

Thank you for your continued support. If you would like to have more information about the Fremont Food Pantry please call Kathy at 895 1162 or Stephanie at 895 4454.

PEPPERMINT PONIES 4H CLUB

Do you love horses? If you are 5 – 18 years old, you are welcome to attend the next Peppermint Ponies club meeting on Tuesday 9/23 to set up our club exhibit for the Deerfield Fair and Wed. Oct. 8 and Oct. 22 from 6 – 7:30 pm at North Road Farm, 370 North Road, Fremont, NH. You do not need to have experience with horses and the meeting is free to attend as a guest. Bring your family! The club meets on the 2nd and 4th Wednesday each month. For more information contact Jan Brubacher, Club Leader 679-3367, 303-1584 cell or j.brubacher@comcast.net. Visit www.peppermintponies4h.org or www.northroadfarm.com.

FREMONT PTA

Welcome back to school from the Fremont PTA! We hope you all had a wonderful summer vacation! The board members for the 2008-2009 year are; President - Nancy Bernhardt, Vice-President - Martha Abney, Treasurer – Brenda Silva, and Secretary – Camilla Fraize. As we're all getting into the swing of things, the PTA is initiating our fall membership drive. You don't need to have children in the school system to become a member, just a desire to be involved. If you are interested in joining the PTA you can pick up a membership form at the Town Hall, or the Library. You can also download the form from the PTA website (go to the school site www.sau83.org, then click on PTA along the top of the page). If you have any questions, you may e-mail them to fremontpta@comcast.net, or call membership coordinator Ulli Hiltz at 347-1337. We meet the first Wednesday of every month; our next meeting will be Wednesday October 1 at 9:00 am at the SAU Office. Hope to see you there!

SCHOOL BOARD NEWS

The Fremont School Board would like to thank the Principals and staff for their extra efforts during the challenge of opening and starting the new school year.

Open Houses were held in September and parents had the opportunity to visit classrooms, meet teachers, and learn about their expectations, procedures, and curriculum. Parents will be invited back to school in the next couple months for conferences with individual teachers. We appreciate the dedication and support of our parents as we all work together for the benefit of our students.

As always, meetings of the School Board are open to the public and you are welcome to check out the web page on the Ellis School website for more information at www.sau83.org.

TRICK OR TREAT FOR UNICEF

During the month of October, an orange UNICEF box will be on the counters of Liberty Square Market (corner of Sandown Rd. and Main St.) and Village Market (corner of Routes 107 and 111A) to

accept donations of spare change. And, for a fourth year, the Fremont Pizzeria Restaurant will match the donations put into these two UNICEF boxes! Last year \$186.30 was sent to the US Fund for UNICEF in Washington, DC on behalf of Fremont and our surrounding community. This money was used to provide medicine, better nutrition, clean water, education, emergency relief and other support to children in more than 160 countries.

The tradition of 'Trick-or-Treat for UNICEF' began in 1950 in the United States when Philadelphia school children first went door-to-door on Halloween collecting money in decorated milk cartons to help the world's children. They raised a grand total of \$17.00, kicking off a campaign that now has millions of children around the world participating every year during the month of October. Unfortunately, only a handful of Fremont children show an interest each year in wanting to carry an orange UNICEF box when they go out Trick-or-Treating. So, beginning this year, the only opportunity for Fremont residents to support Trick-or-Treat for UNICEF will be through donations left in the orange UNICEF box at our two markets in town. To find out more about UNICEF, visit them online at www.unicefusa.org.

LABELS FOR EDUCATION

The LabelsForEducation collection program for Ellis School is setting a goal of 70,000 label points and we already have over 46,000 label points towards free educational items for the Ellis School community. We would appreciate if you would look and remove a special coupon insert in your newspaper on **Sunday, October 12th** designating an opportunity to earn bonus label points for Ellis School. Bring your LabelsForEducation UPCs and any bonus point flyers from newspapers to the collection containers located in the Ellis School lobby, Town Library or Town Hall.

LOCAL GROCERY SHOPPING EARNS \$\$ FOR ELLIS SCHOOL & FREMONT PTA Stop & Shop A+ Bonus Bucks

From 10/04/2008 through 04/02/2009, you have the opportunity to earn \$\$ through the Stop & Shop A+ Bonus Bucks program to support the Fremont PTA and the programs it sponsors for the Ellis community. If you already shop at a Stop&Shop in New Hampshire or Massachusetts, it is EASY to designate Ellis School for your Stop&Shop swipe card. If you designated Ellis School last year, you must RE-designate this year for our school to receive credit.

Go to www.stopandshop.com/aplus and designate your grocery swipe card by entering the **1st three letters of your last name**, the **13 digit number on the back of your Stop&Shop swipe card**, and then **designate Ellis School using the school ID # 05256**.

Hannaford Helps Schools Dollars

From 09/04/2008 through 12/04/2008, you have the opportunity to earn \$\$ through the Hannaford Helps Schools program to support the Fremont PTA and the programs it sponsors for the Ellis community. When you are checking out at Hannaford, you can receive "3 Hannaford School Dollars" for every 4 participating products you purchase from a choice of over 1200 products. Deposit your Hannaford School Dollars at the Raymond Hannaford store collection box (labeled for Ellis School, Fremont) - or - bring them to a collection container located at the Ellis School, Town Hall or Town Library. If we raise the most money, Hannaford will grant an additional \$1000 towards Ellis School. We did it last year - we can do it again this year - with your help !!

HOOD SOX TOPS

All 2008 Sox Tops and "3-A-Day" milk caps that have been collected, from Hood milk in the LightBlock Bottle®, will be sent in for redemption at the end of October. For every cap received, Ellis School earns 5¢ that Mrs. Jackson will be using to purchase team building equipment to use at the start of PE classes next Winter. Please bring your Sox Tops and "3-A-Day" milk caps to a collection container located either at the Ellis School, Town Hall, Public Library

or Village Market by **Monday, October 27**. Questions can be answered by Faith Levesque at 679-9537.

FREMONT FIRE RESCUE 3RD ANNUAL HAUNTED HAY RIDE

Join us for the 3rd annual HAUNTED HAY RIDE on October 24th and 25th at Petersons Farm on Martin Road in Fremont. Just look for the signs!

We have put together this event to bring the community together for two special nights of screams, howls and screeches!

We hope you can stop by and join in the fun! This event will help sponsor programs like scholarships and family fun days. Without your help we wouldn't be able to do any of these programs or provide a fun event such as this one.

The members of the Fremont Fire & Rescue Association thank you and hope to see you there!

There is a suggested donation to participate in the event, in order to fundraise for the Association. Contact Jeff or Mary (information follows) for more information.

There will be hot cider, hot chocolate and baked goodies available. The event organizer is Jeff Horton, EMT FF2. If you want to volunteer to help with this event please contact Jeff by email at Jeffery@comcast.net

~~ For more information ~~

Contact **Mary** at the Fremont Police Department
425 MAIN STREET FREMONT, NH 03044
Phone: 603-895-3425

TRUSTEE OF TRUST FUNDS

There is currently a vacancy for Trustee of Trust Funds for a three year term through March 2011. The Trustees are basically volunteers who are generally responsible for management, investment and reporting of the Town's trust funds, which are for general town purposes (libraries, schools); Capital Reserve Funds, Town trust funds, and cemetery perpetual care funds.

A general information piece (compiled from current statutes) is available on the Town's website (home page under volunteer position openings).

Anyone interested in this position can contact Pat Martel by email at martel4@comcast.net or call Heidi at the Town Offices at 895 2226 x 10 to get additional information. Pat will return a phone call to you if you leave your phone number in the email, or leave information with Heidi or Jeanne in the Selectmen's Office.

If you are interested in the position, please submit a letter of interest, highlighting any pertinent background you have, including any financial experience. Submit a letter of interest to the Board of Selectmen, PO Box 120, Fremont NH 03044-0120. The position will remain open until a suitable candidate is found.

Notice from the Town Clerk's Office: Beginning 10/01/08 there will be an increase in vehicle decal fees from \$2.50 to \$3.00 per decal, per registration. This fee increase is in accordance with RSA 261:74-d.

VOLUNTEERS NEEDED!

The following Fremont Organizations are looking for members:

Open Space Committee ~ Conservation Commission

Planning Board

Zoning Board of Adjustment

Representative to the Exeter River Local Advisory Committee

Consider becoming involved! There are full board member and alternate positions available.

Learn more about your town and perform a very valuable community service. Contact the Land Use Office at 895 3200 x 17 for more information. Also check the town website at

www.Fremont.nh.gov for more information including minutes of meetings, notices, and postings.

The Parks & Recreation Commission is also seeking one more volunteer to round out the five person volunteer group. Contact Renee King at reneeking@comcast.net; or by phone at 244 1404 for more information. The Commission plans recreational events for residents of all ages, and oversees the care and maintenance of the Memorial Fields on Main Street.

Get involved in making Fremont the place you want to live!

EXETER HOSPITAL FALL LECTURES

Exeter Hospital is again presenting the T Elliott Young Health & Wellness Lecture Series. Register by calling 1 800 4 EXETER (1 800 439 3837) or on line at www.exeterhospital.com. Presentations are at Exeter Hospital in the North Conference Rooms (5 Alumni Drive, Exeter NH). Contact hours are available for health care professionals in attendance.

Tuesday October 14 – 7:00 pm BREAST HEALTH – WHAT EVERY WOMAN SHOULD KNOW

Tuesday October 28 – 6:30 pm JOINT PRESERVATION FOR THE ACTIVE ADULT

Tuesday November 11 – 7:00 pm WHY PUNISHMENT DOESN'T WORK, AND WHAT TO DO INSTEAD

Tuesday November 25 – 7:00 pm "SUPERFOODS:" SIMPLE NUTRITION, SUPER FOR YOU!

ROADS & THE RIGHT-OF-WAY

Obstructions in the Town's right-of-way are not permitted. Plantings, mulch, trees, rocks, irrigation system sprinkler heads, and decorative pavers ARE NOT PERMITTED. These structures of any size obstruct drainage from the roadway and cause other road problems. Please help keep the ROW area clear.

RSA 236:15 states that any building, structure or fence within or over any highway is a public nuisance. Please do not place any such items in the right-of-way or they are subject to being removed by the Highway Department. In general, the town right of way is 13 feet on either edge of the paved surface. If you have any questions, please contact Road Agent Guerwood Holmes at 300 7429.

DRIVEWAY PAVING PERMITS

Before any driveway is paved or resurfaced, approval is needed from the Road Agent. Grading and drainage issues need to be checked before any pavement (new or replacement) is installed. New driveway construction also requires a permit from the Town. The Planning Board Driveway Regulations, new driveway construction permit, and the driveway paving permit are available on the Town website at www.Fremont.nh.gov on the Road Agent page.

Driveway permits and an inspection are also required when installing or relocating your driveway, for improvements such as garage construction. Contact Guerwood Holmes at 300 7429 for more information. Permits and regulation information are also available at the Selectmen's or Building Inspection Offices during regular office hours. All other permitting questions can be directed to the Building Inspector Thom Roy at 895 3200 x 18 or by email to FremontBI@comcast.net.

VEHICLE TRANSFERS

Transferring plates from one vehicle to another can pose to be somewhat confusing. When purchasing a new / used vehicle, you **MUST** keep the registration to your old vehicle because the Division of Motor Vehicles requires you to surrender that registration to the Town Clerk's office when you transact the transfer. Please be sure that whoever's name is listed as the primary owner on the old registration, must also be listed on the paperwork for the newly acquired vehicle. The Clerk's office highly recommends that if you have any questions regarding "transfers" that you call us at 895 8693.